

# Specialized Programs



**Seattle**  
Parks & Recreation

# Fall 2021



## WHAT'S HAPPENING INSIDE !



**Youth Programs**  
Ages 6-21

**Transition Programs**  
Ages 13-30

**Adult Programs**  
Ages 21 and over

**Special Event for All**  
Fall Harvest Festival



**Healthy Parks**  **Healthy You**

**Specialized Programs**  
4554 NE 41st St.  
Seattle, WA 98105

# GENERAL INFORMATION

## Specialized Programs

4554 NE 41<sup>st</sup> St., Seattle, WA 98105

206-684-4950

[www.seattle.gov/parks/find/specialized-programs](http://www.seattle.gov/parks/find/specialized-programs)

## PARKS MANAGEMENT

Jesús Aguirre, Superintendent

Christopher Williams, Deputy Superintendent

Lori Chisholm, Interim Manager, Special Units

## RECREATION STAFF

**Kyle Bywater**, Coordinator, Specialized Programs

**Linda Guzzo**, Administrative Specialist I

**Tori Fernau**, Adult Sr Recreation Specialist

**Savannah Seiple**, Interim Youth Sr Recreation Specialist

**Kathryn 'Kat' Leonard**, Recreation Leader

**Hannah Spaulding**, Recreation Leader

**Hanna O'Donnell**, Interim Recreation Leader

## ADVISORY COUNCIL

The Specialized Programs Advisory Council (SPAC) members are dedicated volunteers who enrich our community by supporting people with disabilities. The SPAC members are strong advocates effective in educating decision-makers and the community-at-large, speaking of program successes, sharing their experiences, and describing the needs of people with disabilities.

The SPAC holds monthly public meetings to advise staff, review programs, develop policies, plan marketing and advocacy strategies, and more. To attend a meeting or join the SPAC call Kyle at 206-979-4687.

**ACCESS:** If you have problems with the Access Service, please call Access at 206-205-5000 ( for TTY service call 206-749-4286) and talk with their Customer Service staff.

**DISCLAIMER:** Although we strive to be accurate, this brochure is published for information purposes only. Changes may be necessary to the content depending on levels of participation or other factors. Fees may change after printing and after City Council action on the City budget each year. Please visit [www.seattle.gov/parks](http://www.seattle.gov/parks) for updated information.

## IMPORTANT NOTICE FOR ALL FALL PROGRAMS:



Face masks are required.



We will follow social distancing protocols in programs.



Please do not bring food to any programs, except where noted

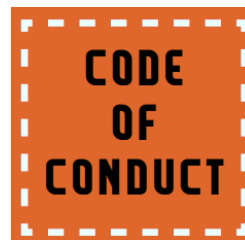


Everyone will be screened and temperatures taken prior to each program.

## OUR MISSION

We provide exceptional, accessible, and affordable citywide recreation programs and resources for individuals with disabilities and their families. Our specially trained staff develop, conduct programs, and with the advisory council, advocate for specialized opportunities in arts, fitness, and social activities for people with special needs.

- To improve the quality of life and strengthen community
- Provide outreach and advocacy.
- Support a wide range of abilities.



Any participants conduct that is disruptive or unsafe to participants or staff may result in being sent home early that day or unable to attend on a permanent basis for the quarter.

This will be decided on a base-by-case basis and is at the discretion of the program leadership staff. Such conduct includes, but is not limited to:

Destruction of property, harming oneself or another, or refusal to follow the minimum safety requirements to participate in activities. All incidents will be documented and reported to direct caregivers in a timely manner.

**INCLEMENT WEATHER POLICY:** If Seattle Public Schools are closed, our programs are also cancelled. For further information, call the Specialized Programs office, 206-684-4950, before venturing out in inclement weather to our programs.

**SCHOLARSHIPS:** Applications are available online or mailed by request for season June 2021 to June 2022.



# SIGNS / SYMPTOMS

## IMPORTANT NOTICE FOR ALL FALL PROGRAMS

- Face masks are required
- We will follow social distancing protocols in programs.
- Please do not bring food to any programs, except where noted.
- If participant is coming by school bus or access, they must bring a completed wellness form to each program.
- Everyone will be screened and temperatures taken prior to each program.

\*As we move indoors for programs, new official mask accommodation requests must be made through Seattle Parks and Recreation ADA coordinator. If you would like to make a mask accommodation request please email: [kyle.bywater@seattle.gov](mailto:kyle.bywater@seattle.gov) or call 206-979-4687 .

**Please keep participants home if they exhibit the following symptoms 48 hours prior to program:**

- ✓ Fever of 100.4+
- ✓ Cough
- ✓ Shortness of breath/difficulty breathing
- ✓ Congestion
- ✓ Sore throat
- ✓ Fatigue
- ✓ Muscle or body aches
- ✓ Loss of taste or smell
- ✓ Nausea/vomiting
- ✓ Diarrhea



**Thank you for helping keep everyone safe!**

# YOUTH PROGRAMS



**YOUTH:** 6 – 21 years  
**TRANSITION:** 13 – 30 years

Participants are welcome to attend the Youth Programs until the age of 21.  
 Transition Program is for participants ages 13-30 years old.

If your child will be attending Specialized Programs, you must have a Participant Information Form on file before you can attend programs. If you attended Day Camp this summer, the form we have is good.

If you don't have a form on file, we are happy to mail one to you or you can find it online by going to:

<http://seattle.gov/parks/find/specialized-programs>

## FALL REQUIREMENTS

- ❖ Face masks are required.
- ❖ We will follow social distancing protocols
- ❖ Do Not bring food to any programs, except where noted.
- ❖ Everyone will be screened and temperatures taken prior to each program.



## REGISTRATION

Please call the Specialized Programs at 206-684-4950 on the dates and times listed below.

Please let us know if you are using Access and if you are using DDA Respite Care or qualified for a scholarship.

### Youth Registration Starts at 9 a.m. on the Dates Below for Ages 6-21:

Tues September 7 Schools Out Hang-Out  
 Tues September 7 Ready, Set, Get Active

Can choose between Schools Out- Hang Out or the Ready, Set, Get Active programs and be on the wait list for the one you are not registered for.

Wed September 8 Staycation Saturdays ( Can sign up for 2 and be on wait list for 3 )  
 Wed September 8 Sensory Friendly Saturdays ( Can sign up for 2 and be on wait list for 3 )

### Transition Registration Starts at 9 a.m. on the Dates Below for Ages 13-30:

Thurs September 9 Social Space  
 Call when receive brochure: \* Wellness Wednesdays Virtual Program  
 \* this is an email registration program as it is not an in-person program

### Special Event Registration for Youth & Adults ( see back cover for information)

Tues September 28 Fall Harvest Festival Special Event ( Drive Thru Event )



**PAYMENT:** Please pay by check made payable to: City of Seattle  
 Mail Check to: Specialized Programs  
 4554 NE 41<sup>st</sup> St, Seattle, WA 98105



DDA Respite Care can be applied toward program registration fees.

Scholarships, once approved, can be applied towards reducing the amount to be paid from 50-80%.

# YOUTH PROGRAMS

**Schools Out Hang Out:** Let's have some after school fun! Participate in enriching group activities such as arts and crafts, sports, games, puzzles, and more. Activities are designed to promote socialization, increase independence, and explore new leisure interests. **Can choose Schools Out Hang Out and be on Wait List for Ready, Set, Get Active.**

**Dates:** Tuesdays, September 28 – December 7, *no program November 23* **Eligible:** No 1:1 supervision provided

**Time:** 4:00 - 5:30 p.m.

**Cost:** \$35 for the quarter

**Location:** Meadowbrook CC, 10515 NE 35<sup>th</sup> Ave., Seattle, 98125

**Access:** Drop off Appointment Time: 4:15 p.m. / Pick-up Window: 5:15-5:45 p.m.

**Registration:** Space is limited to 10 participants so we can meet our social distancing goals of 6 feet.



**Ready, Set, Get Active!** Time to burn off some energy! This open gym weekly program is designed to help youth learn new active games while developing social skills. Let's have some fun together! **Can choose Ready, Set, Get Active and be on Wait List for Schools Out Hang Out.**

**Dates:** Wednesdays, September 29 – December 8, *no program November 24* **Eligible:** No 1:1 supervision provided

**Time:** 3:00 - 4:30 p.m.

**Cost:** Free

**Location:** Miller CC, 330 – 19<sup>th</sup> Ave East, Seattle, 98112

**Access:** Drop off Appointment Time: 3:15 p.m. / Pick-up Window: 4:15-4:45 p.m.

**Registration:** Space is limited to 10 participants so we can meet our social distancing goals of 6 feet.



**Staycation Saturdays!** Come enjoy some fun, in house activities while socializing with friends! Structured group activities will promote social skills, trying new things, and making independent choices. Let's have some fun!

**Eligible:** No 1:1 supervision provided

**Dates:** Saturdays: September 25, October 2, October 16, November 13, and December 4

**Time:** 9:30 a.m. - 2:00 p.m.

**Cost:** \$15 each Saturday

**Bring:** Sack lunch and drink

**Location:** Garfield Teen Life Center, 428 – 23<sup>rd</sup> Ave., Seattle, 98122

**Access:** Drop off Appointment Time: 9:45 a.m. / Pick-up Window: 1:45-2:15 p.m.

**Registration:** Space is limited to 10 participants per date so we can meet our social distancing goals of 6 feet.

Participants can sign up for 2 dates and be on the wait list for 3.



**Sensory Friendly Saturdays!** A program for participants ages 6-21. Engage in games, science, art, music, sensory exploration, indoor and outdoor activities, and some free play. Activities are fun, purposeful, and emphasize each child's strengths to promote independence.

**Eligible:** Moderate to low abilities (program accommodates for 1:2 ratios) Unable to transition independently. (Please discuss with staff if this program is appropriate for your child.)

**Dates:** Saturdays: October 9, October 23, November 6, November 20, and December 11

**Time:** 9:30 a.m. - 2:00 p.m.

**Location:** Garfield Teen Life Center, 428 – 23<sup>rd</sup> Ave., Seattle, 98122

**Access:** Drop off Appointment Time: 9:45 a.m. / Pick-up Window: 1:45-2:15 p.m.

**Cost:** \$15 each Saturday

**Bring:** Sack lunch and drink

**Registration:** Space is limited to 10 participants per date so we can meet our social distancing goals of 6 feet.

Participants can sign up for 2 dates and be on the waitlist for 3.



# YOUTH - TRANSITION PROGRAMS

## TRANSITION PROGRAM FOR AGES 13-30

### Social Space!

Come enjoy some fun, in-house activities while socializing with friends! Structured group activities will promote social skills, trying new things, and making independent choices. Let's have some fun !

**Eligible:** *no 1:1 supervision provided*

**Dates:** Fridays, October 1 – December 10, *no program November 12 or 26*

**Time:** 4:00 - 5:30 p.m.

**Cost:** \$40

**Location:** Van Asselt CC, 2820 South Myrtle St., Seattle, 98108

**Access:** Drop off Appointment Time: 4:15 p.m. / Pick-up Window: 5:45-6:15 p.m.

**Registration:** Space is limited to 10 participants so we can continue to meet our social distancing goals of 6 feet.



### Wellness Wednesdays Virtual Program

A weekly online program for teens and young adults ages 13- 30. Participants must have access to a device with a camera to participate. Activities will include games, crafts, discussions and more all based around the domains of wellness. The first 10 minutes will be “free time” to socialize and be silly.

**Dates:** Wednesdays, September 29 – December 8, *no program November 24*

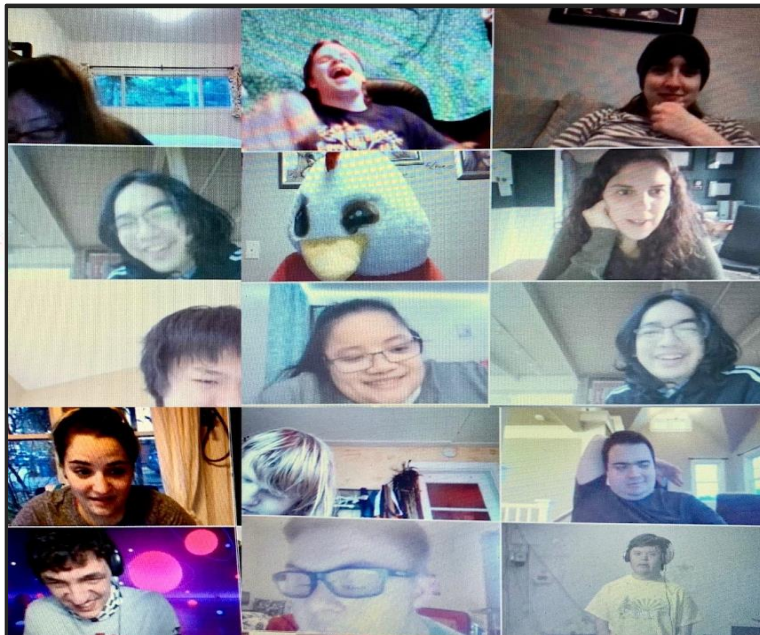
**Time:** 5:00 - 6:00 p.m.

**Cost:** \$10 for the quarter

**Location:** Email or Call-In

**Registration:** Space is limited to 20 participants.

To register, you can email [PKS\\_Specialized\\_Programs@seattle.gov](mailto:PKS_Specialized_Programs@seattle.gov) or call 206-684-4950.



# ADULT PROGRAMS

## APPROPRIATE FOR AGES 21 AND OLDER

All Adults attending Specialized Programs must have a Participant Information Form on file before they can attend program.

If you attended Day Camp this summer, the PIF form we have is good.

If you don't have a form on file, we are happy to mail one to you or you can find it online by going to:

<http://seattle.gov/parks/find/specialized-programs>

### FALL REQUIREMENTS

- ❖ Face masks are required.
- ❖ We will follow social distancing protocols
- ❖ Do Not bring food to programs
- ❖ Everyone will be screened and temperatures taken prior to each program.



## REGISTRATION

Please call the Specialized Programs at 206-684-4950 on the dates and times listed below.

Please let us know if you are using Access and if you are using DDA Respite Care or qualified for a scholarship.

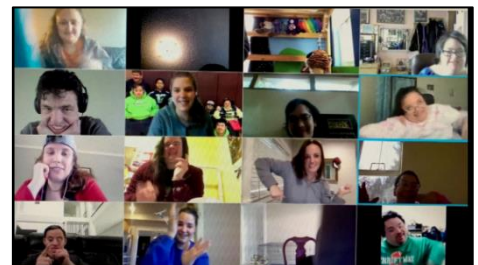
### Adult Registration Starts at 9 a.m. on the Dates Below:

<b>Mon</b>	<b>September 13</b>	<b>Fitness with Friends</b>	( Pick one of two sessions)	Limited to 15 per session
<b>Tues</b>	<b>September 14</b>	<b>Sunshine Social</b>	( Pick one of two sessions)	Limited to 20 per session

<b>Tues</b>	<b>September 28</b>	<b>Fall Harvest Festival Special Event</b>	<i>( Drive Thru Event )</i>	<b>See back cover</b>
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**Register On-line:**

**Rec Round Up Virtual Program**  
(Online / Call-In Program)



**PAYMENT:** Please pay by check made payable to: City of Seattle

Mail Check to be received by September 23

**Send to:** Specialized Programs  
4554 NE 41<sup>st</sup> St, Seattle, WA 98105

**DDA Respite Care** can be applied toward program registration fees.

**Scholarships**, once approved, can be applied towards reducing the amount to be paid from 50-80%.



# ADULT PROGRAMS

**Fitness with Friends:** A movement-based program where we will stretch, play games, and try new exercise routines. All activities can be adapted to meet participant's mobility levels. We will head outside for walks when the weather permits.

**Dates:** Tuesdays, September 28 – December 7, *no program November 23*

**Cost:** Free

**Location:** Meadowbrook CC, 10517 – 35<sup>th</sup> Ave NE, Seattle, 98125

**Registration:** Sign up for 1 of the 2 sessions.

Space is limited to 15 participants per session so we can continue to meet our social distancing goals of 6ft.



**Session 1:** Time: 10:00 - 11:30 a.m.

**Access:** Drop off Appointment Time: 10:15 a.m. / Pick-up Window: 11:15 – 11:45 a.m.

**Session 2:** Time: 1:00 - 2:30 p.m.

**Access:** Drop off Appointment Time: 1:15 p.m. / Pick-up Window: 2:15 – 2:45 p.m.



## Rec Round Up Virtual Program

Staff will provide structured questions and group games. Join online or by phone.

**Location:** Online or Call-in

**Dates:** Wednesdays, September 29 – December 8, *no program November 24*

**Cost:** Free

**Time:** 6:30 - 7:30 p.m.

**Registration:** email: [PKS\\_Specialized\\_Programs@seattle.gov](mailto:PKS_Specialized_Programs@seattle.gov) also to request the WebEx Link to join online.  
Or Call: 206-684-4950 to request the Chatline call-in number and access code



## Sunshine Social

This weekly program offers structured group activities that build social skills, independence and friendships! Join us for themed celebrations, games, crafts and more!

**Dates:** **Bitter Lake CC:** Thursdays September 30 – December 9 *no program November 11 & 25*  
**Van Asselt CC:** Fridays October 1 – December 10 *no programs November 12 & 26*

**Cost:** \$30 per one quarter session

**Locations:** Bitter Lake CC 13035 Linden Ave North, Seattle, 98133  
Van Asselt CC 2820 South Myrtle St, Seattle, 98108

**Registration:** Sign up for 1 of the 4 sessions (see sessions listed below).

Space is limited to 15 participants per session so we can continue to meet the 6 feet social distancing goals.



**Session 1:** Bitter Lake CC Thursdays 10 - 11:30 a.m.  
Van Asselt CC Fridays 10 – 11:30 a.m.

**Access Session #1:** Drop off Appointment Time: 10:15 a.m. / Pick-up Window: 11:15 – 11:45 a.m.



**Session 2:** Bitter Lake CC Thursdays 1- 2:30 p.m.  
Van Asselt CC Fridays 1- 2:30 p.m.

**Access Session #2:** Drop off Appointment Time: 1:15 p.m. / Pick-up Window: 2:15 – 2:45 p.m.



### Specialized Programs COVID-19 WELLNESS SCREENING FORM ¶

**This form should only be used for participants approved for drop-off unaccompanied by Parent/Guardian/Caregiver. ¶**

Dear Parent / Guardian / Caregiver:

Please continue to monitor your participant for symptoms at home, complete and sign a form each day your participant will be coming to program. If any information changes after you have completed this form, it is important that you notify staff immediately.

<b>Site name</b>	<b>Specialized Programs</b>	<b>Date</b>
<b>Participant Name</b>		
<b>Parent/Guardian/Caregiver Name</b>		
<b>Parent/Guardian/Caregiver Phone Number</b>		

1. **If your participant has any of the following symptoms, they cannot attend program.** If your participant has not had any of the symptoms on this list, please mark "no" below.

- |  |  |
|--|--|
| <input type="checkbox"/> A Cough                                     | <input type="checkbox"/> A fever of 100.4°F or higher or a sense of having a fever   |
| <input type="checkbox"/> Shortness of breath or difficulty breathing | <input type="checkbox"/> Recent onset of loss of taste or smell                      |
| <input type="checkbox"/> A Sore Throat                               | <input type="checkbox"/> Congestion/running nose – not related to seasonal allergies |
| <input type="checkbox"/> Fever or Chills                             | <input type="checkbox"/> Fatigue   |
| <input type="checkbox"/> Muscle or Body Aches                        | <input type="checkbox"/> Nausea/vomiting/diarrhea                                    |
| <input type="checkbox"/> Headache                                    |  |

**No. My participant has none of these symptoms.** ☐

2. Has your participant been in close contact with anyone with a confirmed case of COVID-19?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
3. Has your participant had a positive COVID-19 test for active virus in the past 10 days?	<input type="checkbox"/>	<input type="checkbox"/>
4. Within the past 14 days, has a public health or medical professional told you to monitor, isolate, or quarantine your participant because of concerns about COVID-19 infection?	<input type="checkbox"/>	<input type="checkbox"/>
5.	<input type="checkbox"/>	<input type="checkbox"/>

**Participants are NOT ALLOWED to stay for program if the answer to any of the above questions is "yes."**

<b>Answer "yes" to any question 1-4?</b>	<b>Signature</b>	<b>Date</b>
<input type="checkbox"/> Yes <input type="checkbox"/> No		

**\*If your participant is ill, they should stay home.** If you have any concerns or questions about your participants symptoms, we encourage you to seek guidance from a health care provider. This screening tool is designed to guide safe practices and is not a substitute for medical evaluation.

## SPECIALIZED PROGRAMS

Seattle Parks and Recreation  
4554 NE 41st Street • Seattle, WA 98105

Change Service Requested

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## FALL HARVEST FESTIVAL

( Drive thru Special Event )



Specialized Programs staff will be hosting stations with fun themes and activities. Swag bags include supplies to use in your car at each Station. The Stations allow participants to interact from your vehicle!

- You will be assigned a 30-minute window to arrive – please do not arrive before or after that window.
- Space is limited to 20 cars per location.
- Please Do Not Use Access Transportation.

**Date:** Saturday, October 30, 2021

**Time/ Location:** North End: 10 a.m. – 12 noon

Densmore, 8061 Densmore Ave North, 98103  
(west side parking lot on Ashworth Ave N.)



South End: 3:00-5:00 p.m.

Van Asselt CC, 2820 S. Myrtle, St, Seattle, 98108

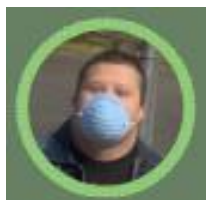
**Cost:** \$5.00 per participant (caregivers free) paid by October 15.

Checks payable to “City of Seattle”,  
Mail to 4554 NE 41st St., Seattle, 98105

**Registration:** Call the Specialized Programs Office, 206-684-4950, to register starting 9 a.m. on Tuesday, September 28



**Must remain in your car to participate.**



**Wear a mask if able.  
No bathrooms available.  
Do Not Use Access.**



**Costumes Encouraged !**